



Central Bucks School District- Cold Spring Elementary

UPDATED School Lunch Menu

March 2019

All Grains are Whole Grain Rich!
 V= Vegetarian
 Meal Choice

"The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE"

4
Chicken BLT Sandwich
 Chicken Caesar Salad
 Pretzel Yogurt V
 PBJ Pack V
 ~~~~~SIDES~~~~~  
 Tomato Cucumber Salad  
 Baby Carrots  
 Fruit Cocktail

**5**  
**Ham & Cheese Hoagie**  
 Chicken Caesar Salad  
 Pretzel Yogurt V  
 PBJ Pack V  
 ~~~~~SIDES~~~~~  
 Baby Carrots
 Grape Tomato
 Apple Slices

6
Make Your Own Pizza V
 Chicken Caesar Salad
 Pretzel Yogurt V
 PBJ Pack V
 ~~~~~SIDES~~~~~  
 Leafy Green Salad  
 Cucumber Slices  
 Orange Slices

**7**  
**Turkey & Cheese Hoagie**  
 Chicken Caesar Salad  
 Pretzel Yogurt V  
 PBJ Pack V  
 ~~~~~SIDES~~~~~  
 Celery Sticks
 Grape Tomato
 Craisins

1
Honey Mustard Chicken Wrap
 Garden Salad V
 Pretzel Yogurt V
 PBJ Pack V
 ~~~~~SIDES~~~~~  
 Pepper Strips  
 Leafy Green Salad  
 Pineapple Tidbits

**8**  
**Cheese Hoagie V**  
 Chicken Caesar Salad V  
 Pretzel Yogurt V  
 PBJ Pack V  
 ~~~~~SIDES~~~~~  
 Fresh Broccoli
 Baby Carrots
 Peaches

11
Chicken Strips or Mini Corn Dogs
 Cobb Salad
 Turkey & Cheese Sandwich
 ~~~~~SIDES~~~~~  
 Baked Fries  
 Leafy Green Salad  
 Pineapple Tidbits

**12**  
**Cheeseburger or Chicken or Bean Nachos V**  
 Cobb Salad  
 Turkey & Cheese Sandwich  
 ~~~~~SIDES~~~~~  
 Steamed Corn
 Leafy Green Salad
 Orange Slices

13
Cheese Pizza or Chicken Nuggets
 Cobb Salad
 Turkey & Cheese Sandwich
 ~~~~~SIDES~~~~~  
 Seasoned Broccoli  
 Tomato Cucumber Salad  
 Fruit Cocktail

**14**  
**Popcorn Chicken or Sloppy Joe Sandwich**  
 Cobb Salad  
 Turkey & Cheese Sandwich  
 ~~~~~SIDES~~~~~  
 Steamed Peas
 Pepper Strips
 Raisin Box

15
NO LUNCH


18
Chicken Strips or Pizza Sticks w/ Marinara Sauce V
 Buffalo Chicken Salad
 Cheese Sandwich V
 ~~~~~SIDES~~~~~  
 Steamed Carrots  
 Celery Sticks  
 Applesauce

**19**  
**Cheeseburger or Beef or Bean Soft Tacos V**  
 Buffalo Chicken Salad  
 Cheese Sandwich V  
 ~~~~~SIDES~~~~~  
 Steamed Mixed Vegetables
 Baby Carrots
 Pineapple Tidbits

20
Cheese Pizza V or Penne Rosé Chicken Pasta
 Buffalo Chicken Salad
 Cheese Sandwich V
 ~~~~~SIDES~~~~~  
 Seasoned Green Beans  
 Fresh Broccoli  
 Juicy Pears  
**First Day of Spring**

**21**  
**Popcorn Chicken or French Toast Sticks V**  
**Sausage Patty**  
 Buffalo Chicken Salad  
 Cheese Sandwich V  
 ~~~~~SIDES~~~~~  
 Tater Tots
 Cucumber Slices
 Sweet Peaches

22
Make Your Own Pizza V
Chicken Drumstick
 Buffalo Chicken Salad
 Cheese Sandwich V
 ~~~~~SIDES~~~~~  
 Seasoned Corn  
 Leafy Green Salad  
 Fruit Cocktail  
**LUCKY TRAY DAY**

**25**  
**Chicken Strips or Cheesy Mac n' Cheese V**  
 Chef Salad  
 Chicken Caesar Wrap  
 ~~~~~SIDES~~~~~  
 Steamed Green Beans
 Baby Carrots
 Orange Slices

26
Cheeseburger or Buffalo Chicken Flatbread
 Chef Salad
 Chicken Caesar Wrap
 ~~~~~SIDES~~~~~  
 Mixed Vegetables  
 Grape Tomatoes  
 Raisin Box

**27**  
**Cheese Pizza V or Hot Dog on a Bun**  
 Chef Salad  
 Chicken Caesar Wrap  
 ~~~~~SIDES~~~~~  
 Tater Tots
 Celery Sticks
 Sweet Peaches

28
NO LUNCH


29
NO LUNCH


Lunch Prices: \$2.60 Full; \$0.40 Reduced

To make a meal, students must select foods from at least 3 different food groups with one of the items being a 1/2 cup fruit, 1/2 cup vegetable or a 4 oz. fruit juice. Students may select up to 1 cup of vegetables but only 1/2 c fruit or 100% juice. Meals without a fruit or vegetable will be charged a la carte pricing.

Menu subject to change without notice

Offered Daily: PBJ Protein Pack V or Yogurt w/ Pretzel V

Milk: All Choices are rBST Hormone Free

Skim White, Nonfat Flavored Chocolate or Strawberry, or 1% White

Selection of Fresh Fruits and Vegetable are offered daily. Options may include:

applesauce, apple slices, peaches, pears, pineapple, raisins, mandarin oranges, grapes, whole apples, whole oranges, leafy green salad, mixed bean salad, tomatoes, cucumbers, celery, carrots, broccoli and peppers.